

# LUNCH MENU

Tuesday to Friday  
from 12.00noon - 3.00pm  
(Excluding Bank Holidays)

£9.95

# KIDS MENU

CHICKEN BURGER & CHIPS  
CHICKEN SHISH & CHIPS  
CHICKEN WINGS & CHIPS  
LAMB SHISH & CHIPS  
CHICKEN NUGGETS & CHIPS

Each £6.95



# SOFT DRINKS

APPLE JUICE	2.50
ORANGE JUICE	2.50
PINEAPPLE JUICE	2.50
CRANBERRY JUICE	2.50
COKE	2.50
COKE ZERO	2.50
DIET COKE	2.50
7UP	2.50
FANTA	2.50
AYRAN	2.00

# DISHES WITH YOGHURT

Lamb Shish with Yoghurt - Chicken Shish with Yoghurt - Adana Kebab with Yoghurt comes with crispy fried bread topped with homemade fresh tomato sauce and layered with the meat dish of your choice finished with yoghurt and butter sauce. Served with salad.

<b>LAMB SHISH WITH YOGHURT</b> Lamb shish with yoghurt	<b>17.95</b>	<b>CHICKEN BEYTI WITH YOGHURT</b> Spicy minced breast of chicken with garlic rolled in tortilla wrap and yoghurt	<b>14.95</b>
<b>CHICKEN SHISH WITH YOGHURT</b> Chicken shish with yoghurt	<b>15.45</b>	<b>LAMB BEYTI WITH YOGHURT</b> Spicy minced of lamb with garlic rolled in tortilla wrap and yoghurt	<b>14.95</b>
<b>ADANA KEBAB WITH YOGHURT</b> Spicy minced lamb with garlic and yoghurt	<b>15.45</b>	<b>ALI NAZIK <small>NEW</small></b> Grilled aubergine, garlic, yoghurt & lamb shish with butter sauce and salad on the side	<b>17.95</b>

# VEGETARIAN DISHES

<b>VEGETARIAN KEBAB (V)</b> Chargrilled aubergines, green and red peppers, onions, mushrooms, seasoning, basted with olive oil, served with rice	<b>11.95</b>	<b>VEGETARIAN MOUSSAKA (V)</b> Oven baked aubergine, courgettes, potatoes, onions and peppers topped with bechamel sauce	<b>11.95</b>
<b>FALAFEL (V) (N)</b> Lightly fried chick peas, parsley, onion, garlic and coriander pates, served with hummus, rice & salad	<b>11.95</b>	<b>IMAM BAYILDI (V)</b> Aubergines stuffed with onions, peppers, tomatoes baked in a light tomato sauce served with rice	<b>11.95</b>

# FISH DISHES

<b>SALMON GRILL</b> Chargrilled fillet of salmon, served with chips and salad	<b>14.95</b>	<b>JUMBO KING PRAWNS</b> King prawns sauteed with tomatoes, onions, parsley and peppers, served with chips	<b>16.95</b>
<b>CALAMARI</b> Fried squid rings, served with tartare sauce, chips and salad	<b>14.45</b>	<b>SEABASS GRILL</b> Chargrilled whole seabass, served with chips and salad	<b>15.95</b>

# SALADS

<b>TURKISH SALAD (V)</b> Finely diced cucumber, tomato, onion, olives, feta cheese dressed in olive oil & lemon juice	<b>6.00</b>	<b>HALLOUMI &amp; CHICKEN SALAD</b> Chargrilled vegetables salad of warm aubergine, red peppers, grilled halloumi cheese, seasoned mixed leaves, tomato, cucumber. Extra virgin olive oil and pomegranate dressing served with minty yoghurt topped with chicken	<b>14.45</b>
<b>AVOCADO &amp; SALAD (V)</b> Chargrilled vegetables salad of warm aubergine, red peppers, seasoned mixed leaves, tomato, cucumber. Extra virgin olive oil and pomegranate dressing served with minty yoghurt topped with avocado	<b>11.45</b>	<b>HALLOUMI &amp; AVOCADO SALAD (V)</b> Chargrilled vegetables salad of warm aubergine, red peppers, grilled halloumi cheese, seasoned mixed leaves, tomato, cucumber. Extra virgin olive oil and pomegranate dressing served with minty yoghurt topped with avocado	<b>12.95</b>



Please note that any food items can not be substituted or swapped. All prices include VAT.

Please let our staff know of any allergy when your order your food

Service charge will be applied for 10 people or over



**SOFR** GRILL & RESTAURANT

Turkish Cuisine

MENU

www.sofragrillrestaurant.com

## COLD STARTERS

<b>HUMMUS (V)</b> Crushed chickpeas tahini, garlic and lemon juice	<b>4.95</b>	<b>RUSSIAN SALAD (V)</b> Russian salad with potatoes, peas, mayonnaise egg and green apple	<b>4.95</b>
<b>TARAMA</b> A light blend of smoked cod roe, olive oil and lemon juice	<b>4.95</b>	<b>KISIR (V)</b> Crushed wheat, celery, tomato sauce, parsley, peppers, mint and herbs	<b>4.95</b>
<b>CACIK (V)</b> Cucumber dip with creamy yoghurt, garlic and olive oil	<b>4.95</b>	<b>PRAWN COCKTAIL</b> Prawns covered with our own delicious seafood sauce, served on a bed of fresh lettuce	<b>6.50</b>
<b>TABOULEH (V)</b> A mixture of spring onion and parsley, cracked wheat, tomatoes and lemon juice	<b>4.95</b>	<b>AVOCADO &amp; PRAWNS</b> Prawns on avocado covered with our special seafood sauce	<b>7.45</b>
<b>ALI NAZIK (V)</b> Grilled puréed aubergine with lemon juice, olive oil, yoghurt and garlic	<b>4.95</b>	<b>OLIVES (V)</b>	<b>3.95</b>
<b>SAKSUKA (V)</b> Aubergine, mixed peppers, garlic and onion, potatoes, stewed in a rich tomato sauce	<b>4.95</b>	<b>COLD MEZE PLATE (for 2 Person)</b> Tabouleh, humus, cacik, saksuka & kisir	<b>11.95</b>
<b>DOLMA (V)</b> Stuffed vine leaves with rice and pine kernels	<b>4.95</b>	<b>COLD MEZE PLATE (for 4 Person)</b> Selection of cold starters	<b>19.95</b>

## HOT STARTERS

<b>LENTIL SOUP (V)</b> Made daily, served with homemade bread	<b>4.95</b>	<b>TURKISH SAUSAGE</b> Grilled spicy Turkish sausage served on the bed of lettuce	<b>6.45</b>
<b>CHEESE STUFFED MUSHROOM (V)</b> Deep fried stuffed mushrooms covered in bread crumbs & stuffed with cheese	<b>6.45</b>	<b>HUMMUS SAUTEE</b> Pan fried lamb cubes served with hummus	<b>6.45</b>
<b>GARLIC MUSHROOM (V)</b> Pan fried garlic mushrooms	<b>6.45</b>	<b>GRILLED MEAT BALLS</b> Grilled lamb meat balls, prepared with onions and herbs	<b>6.45</b>
<b>MUSKA BOREGI (V)</b> Filo pastry parcels filled with soft Turkish feta cheese and parsley deep fried	<b>6.45</b>	<b>WHITEBAIT</b> Tiny herring, lightly fired and eaten whole	<b>6.45</b>
<b>HALLOUMI (V)</b> Grilled Cyprus halloumi cheese served on the bed of lettuce	<b>6.45</b>	<b>CALAMARI</b> Deep fried fresh squid rings, served with tartare sauce	<b>6.45</b>
<b>IMAM BAYILDI (V)</b> Aubergine stuffed with fried onions, peppers and tomatoes, baked in a light tomato sauce	<b>6.45</b>	<b>PRAWN SAUTEE</b> King prawns sauteed with tomatoes, onions, parsley and peppers	<b>7.95</b>
<b>LIVER PAN</b> Fresh lamb liver served on the bed of onions	<b>6.45</b>	<b>HOT MEZE PLATE (for 2 Person)</b> Selection of hot starters	<b>14.45</b>
<b>FALAFEL (V) (N)</b> Shallow fried chickpeas, parsley, onions, coriander pates served with hummus	<b>6.45</b>	<b>HOT MEZE PLATE (for 4 Person)</b> Selection of hot starters	<b>24.95</b>

## FROM THE GRILL

All grills are served with rice and salad.

<b>MIX KEBAB</b> A selection of cop shish, adana kofte, chicken shish, chicken wings	<b>17.95</b>	<b>CHICKEN SHISH</b> Marinated cubes of chicken breast, chargrilled on skewers	<b>13.95</b>
<b>SOFRA MIXED GRILL</b> A selection of lamb chop, lamb shish, chicken wings, lamb ribs, adana kofte, chicken beyti & Quail	<b>21.95</b>	<b>CHICKEN BEYTI</b> Minced chicken with herbs, garlic, red peppers and parsley	<b>12.45</b>
<b>BEYTI KEBAB</b> Minced lamb with herbs, garlic, red peppers and parsley	<b>12.95</b>	<b>CHICKEN WINGS</b> Marinated chicken wings, chargrilled	<b>12.95</b>
<b>ADANA KOFTE KEBAB</b> Spicy minced lamb with herbs, chargrilled on skewers (an Anatolian Favourite)	<b>13.95</b>	<b>MIX CHICKEN GRILL</b> Chicken shish, chicken wings and chicken beyti	<b>15.95</b>
<b>LAMB SHISH</b> Marinated tender cubes of shoulder of lamb, charcoal grilled on skewers	<b>15.95</b>	<b>AUBERGINE KEBAB</b> (Min. time 25 minutes) Aubergine & minced meat skewered and grilled, served with salad & rice	<b>14.95</b>
<b>LAMB RIBS (8 pieces)</b> Charcoal grilled spare lamb ribs	<b>16.95</b>	<b>IZGARA KOFTE</b> Grilled lamb meat balls, prepared with onions and herbs	<b>12.95</b>
<b>LAMB CHOPS (4 pieces)</b> Marinated lamb cutlets, chargrilled	<b>17.95</b>	<b>SIRLOIN STEAK</b> Served with chips, grilled tomato and peppercorn mushroom sauce, charcoal grilled to your taste	<b>19.95</b>
<b>COP SHISH</b> Marinated tender small cubes of shoulder of lamb, charcoal grilled on skewers	<b>13.95</b>	<b>LAMB STEAK (KULBASTI)</b> Served with chips, grilled tomato, peppercorn mushroom sauce on the side	<b>16.95</b>
<b>QUAILS</b> Quails on skewer served with salad and rice	<b>13.45</b>	<b>CHICKEN STEAK</b> Barbequed chicken fillet served with chips and peppercorn mushroom sauce on the side	<b>15.95</b>
<b>EZMELI KEBAB</b>  Grilled house special kebab with special sauce	<b>15.45</b>		

## COMBINATIONS GRILLS

All combination grills are served with rice and salad.

<b>LAMB SHISH &amp; LAMB KOFTE</b>	<b>14.95</b>	<b>CHICKEN SHISH &amp; LAMB SHISH</b> (Mix Shish)	<b>14.95</b>
<b>CHICKEN SHISH &amp; LAMB KOFTE</b>	<b>13.95</b>	<b>LAMB CHOPS &amp; LAMB RIBS</b>	<b>15.95</b>
<b>CHICKEN SHISH &amp; CHICKEN KOFTE</b>	<b>13.95</b>	<b>LAMB SHISH, CHICKEN SHISH &amp; CHICKEN WINGS</b>	<b>17.95</b>
<b>LAMB KOFTE &amp; CHICKEN KOFTE</b>	<b>13.95</b>		

## AUTHENTIC DISHES

<b>LAMB SHANK</b> A knuckle of lamb, seasoned with herbs, oven roasted, served with vegetables and mashed potato with gravy	<b>15.95</b>	<b>SULTANS' FINGER</b> Fillet of lamb fried in the pan with peppers, onion tossed with cream and red wine sauce served with potato puree	<b>15.95</b>
<b>LAMB MOUSSAKA</b> Oven baked aubergines, courgettes, potatoes, onions, peppers and minced lamb topped with bechamel sauce	<b>14.95</b>		

## SET 1

FOR 2 PEOPLE

COLD MIXED MEZE  
(For 2 Person)  
MIXED SALAD, RICE  
2 x MIXED KEBAB

£44.95

## SET 2

FOR 4 PEOPLE

HOT MIXED MEZE  
(For 4 Person)  
MIXED SALAD, RICE  
2x SOFRA MIXED GRILL  
BAKLAVA

£69.95



## SIDE ORDERS

<b>CHIPS</b>	<b>3.00</b>
<b>RICE</b> Rice, steam cooked with vermicelli	<b>2.50</b>
<b>FETA CHEESE</b>	<b>3.50</b>
<b>SIDE SALAD</b>	<b>2.50</b>
<b>YOGHURT</b>	<b>2.50</b>
<b>GRILLED TOMATO &amp; PEPPER</b>	<b>3.50</b>
<b>EXTRA BREAD</b>	<b>2.00</b>
<b>MARINATED FLAT BREAD</b>	<b>1.50</b>